Krysalis

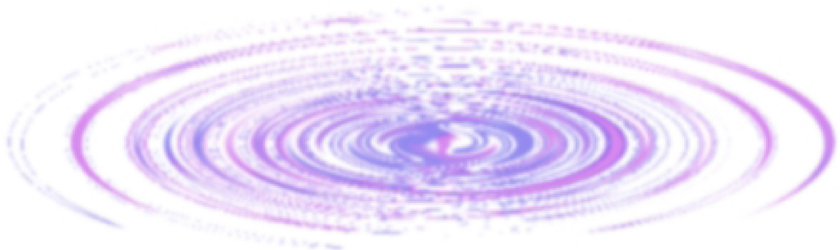
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Kristu Jayanti College
AUTONOMOUS Bengaluru
Reaccredited 'A' Grade by NAAC | Affiliated to Bengaluru North University







KRYSALIS: An in-house publication by the Department of English (PG)
Kristu Jayanti College (Autonomous) Bengaluru

Cover design: A Sheba Serlin

Principal's Desk



A drop can create a ripple - the reverberations of a ripple can be infinite. Krysalis 2020 is a precious drop that contains the essence of the creative expressions of the 2019-2021 batch students of the Department of English (PG). Krysalis 2021 may be a drop in the vast ocean of creative expression but it holds within it the potential to inspire infinitely as well as the capacity to transform for the better. I appreciate their creative concept to create an artistic product around the theme of Rhythm. This edition has the creative contribution of every student in the class and the result is 'a many splendored thing'. I wish each reader would enjoy the resonant harmony that *Krysalis* creates through the various notes of beauty and wisdom found within these delightful pages. I wish the students all the best with this third edition of Krysalis which is like a beautiful symphony.

Fr. Dr. Augustine George CMI,
Principal
Kristu Jayanti College, Autonomous, Bengaluru

Our Department



The **DEPARTMENT OF ENGLISH (PG)** offers its Masters programme with the objective of acquainting students with the various areas of literary study and inculcating them with a propensity toward critical exploration. An emphasis on the cultural, intellectual and political progress of humanity has inspired a curriculum that serves the needs of students, offering them relevant course electives within a structured and well thought out framework. Upon completion of the programme, students are enabled to engage in comparative analysis of texts, understand and apply various theoretical approaches and also appreciate a variety of perspectives in the teaching field. Students are also trained to develop specialized reading skills and attain an ability to place literary texts in their wider intellectual and historical contexts, fostering critical processes of systematic analysis. Experienced faculty members mentor students and uphold the ethos of the college striving toward excellence and innovation, while remaining open to the winds of change, orienting students to be able to meet the challenges of our rapidly evolving world. Students are provided intensive mentoring both inside and beyond the classroom in a wide variety of forms. Guest lectures, Workshops, Film screenings, Conferences and Research colloquia are regular features in the Department and are in fact a part of the academic calendar. Students of the Department are equipped to discover their innate potential, realize their prospective contributions to the world and are taught to be good stewards of their unique talents.

" The Department of English (PG) provides a conducive environment for learning and creativity. Krysalis is a space beyond the classroom to unleash their creativity. Every annual issue of Krysalis focuses on a different theme and it is crammed with personal stories, punctuated by short narratives and memorable anecdotes. "

- Dr. Krishna Prabha



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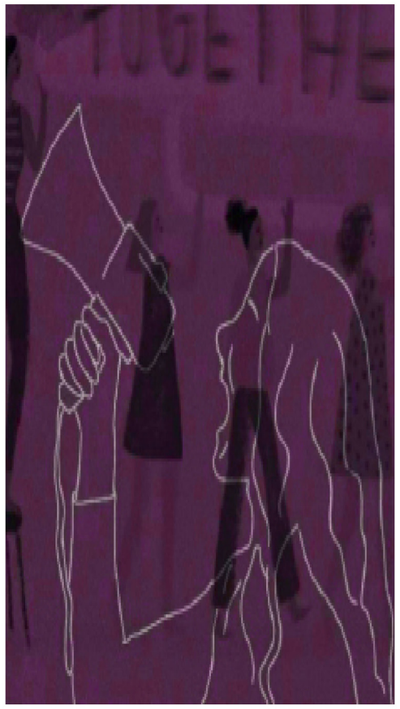
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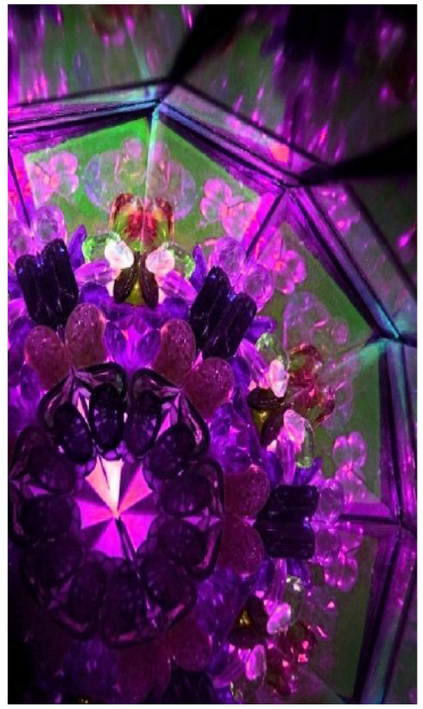
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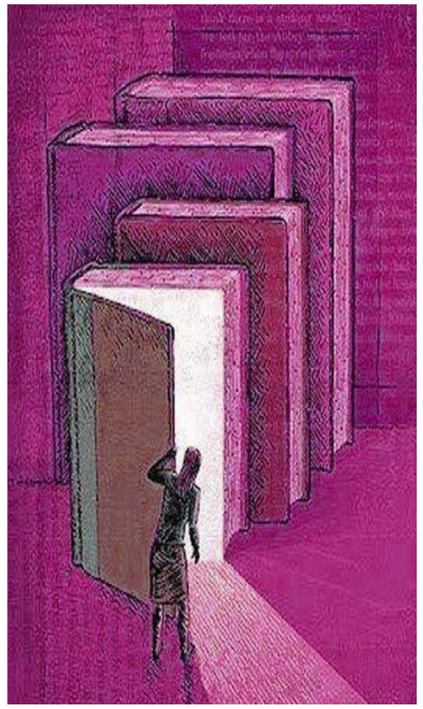
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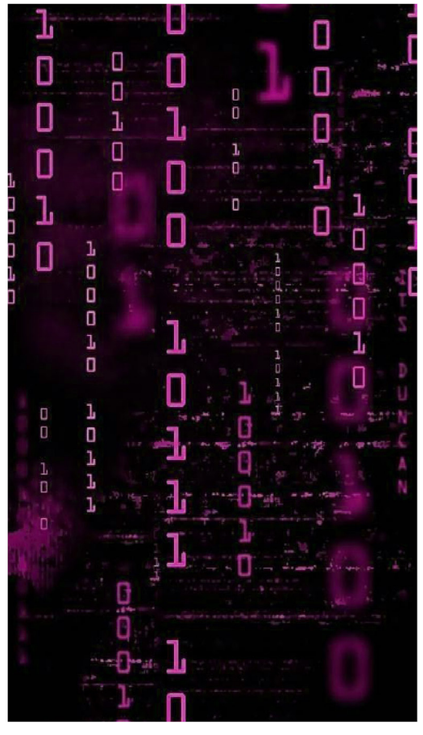
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EDITS

“Krysalis was an amazing experience. It helped us imbibe the spirit of patience and placing faith over fear as a team. The magazine symbolizes our efforts to compile together pages of carefully crafted lines and designs. We learned that editing is not just rewriting words but it is an art of giving colors to the black and white draft.”

Keziah Grace Shibu
Riya Merin
Sandra Binoj

LAYOUTS

“Krysalis is not just a collection of words and images but it also recites the tale of many hidden and unexplored voids in every one of us. Apart from putting it in a systematic order, this is a product of collaborative efforts and determination. This is a result of perfection and time management. It is a depiction of diverse culture and Rhythm of life.”

Jeeva Jose
Jisha Tigga
Seba Saji

DESIGNS

“Designing the magazine has been an incredible journey of reading between lines, visualizing words and dancing with palettes throughout. Just as Vincent Van Gogh said " One can speak poetry just by arranging colors well ", we have tried to knit together magical words of all our fellow classmates into one magnificent masterpiece.”

Bincy Thomas
Sheba Serlin

WHY KRYSALIS?



Krysalis 2021 has Rhythm as its theme. The cover page and the inside pages are designed to reflect this concept of rhythm and resonance along with the fact that every act has a ripple effect. We are pleased to present the third edition of Krysalis. We do hope you would enjoy it as much as we enjoyed creating it and that it would continue to have a ripple effect with infinite positive vibrations.

-Dr. Lyola Thomas
Faculty Coordinator

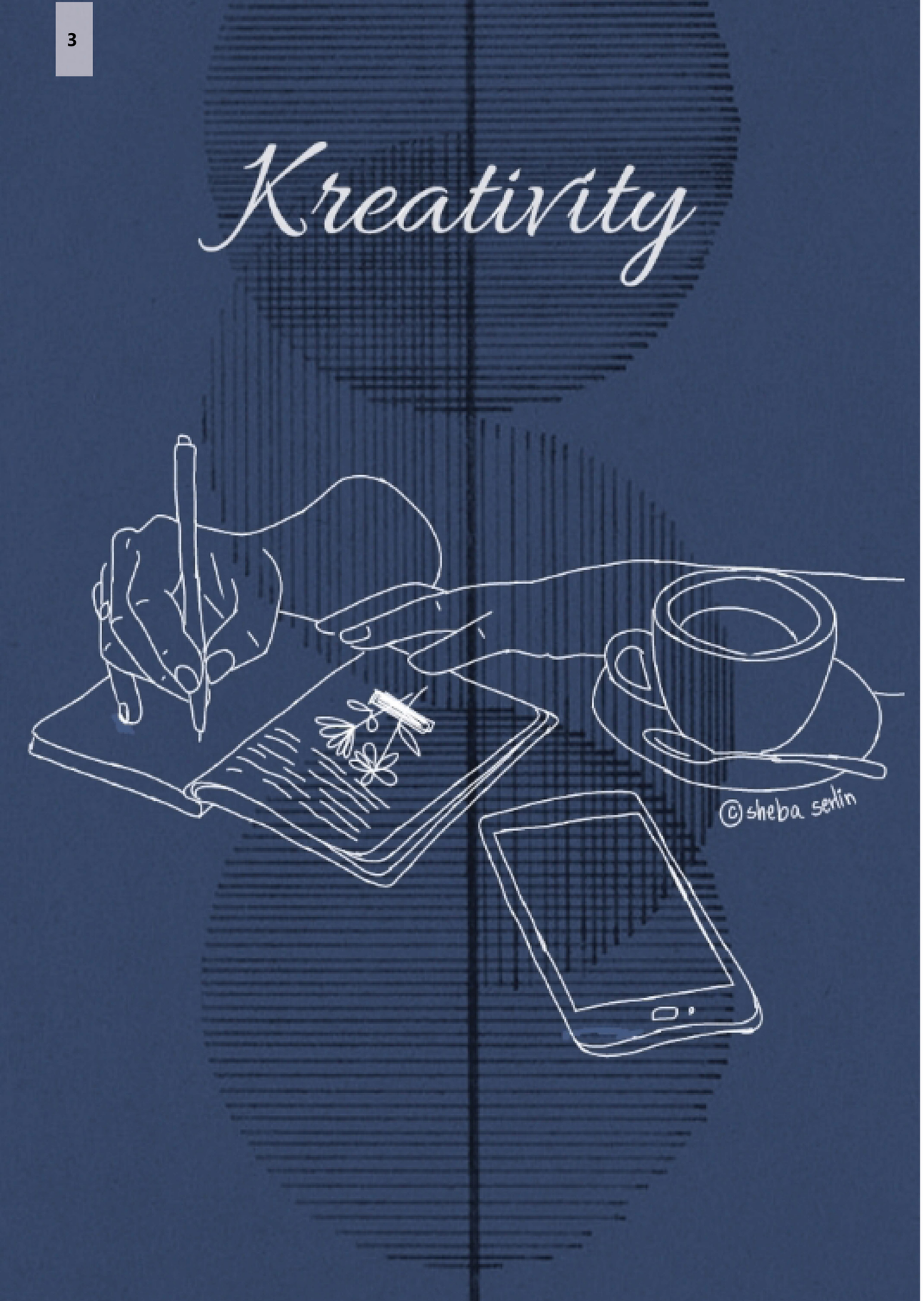
EDITORIAL BOARD

1. Seba Saji
2. Riya Merin
3. Keziah Grace
4. Bincy Thomas
5. Jeeva Jose
6. Sandra Binoj
7. Sheba Serlin
8. Jisha Tigga

It was a languid Monday afternoon when four first year students from the PG Department of English sat down in their classroom to brainstorm and decide on the name for their in – house magazine. Many names were thought about, read out, sounded out and abandoned ... until finally the name Krysalis came floating in as it were on that eventful brilliant afternoon. The name Krysalis was a perfect embodiment of the core purpose of the magazine even as it carried with it overtones of our college name, Kristu Jayanti. The name Krysalis was decided on without any hesitation because it beautifully communicated the scope of the magazine while also encapsulating the transitional stage of the PG students. Krysalis was conceptualized as a space devoted to Transformation and Mindfulness. Conceived by the students of the Postgraduate Department of English as a platform to showcase their creative contributions and aspirations, it hopes to remind its readers that each of us is still a work in progress even as it attempts to inspire and transform its readers toward living with a heightened sense of consciousness.

Chrysalis: A chrysalis can be defined as a transitional state; a process of developing. It is the journey between the cocoon state of a caterpillar to the transformation of a beautiful butterfly.





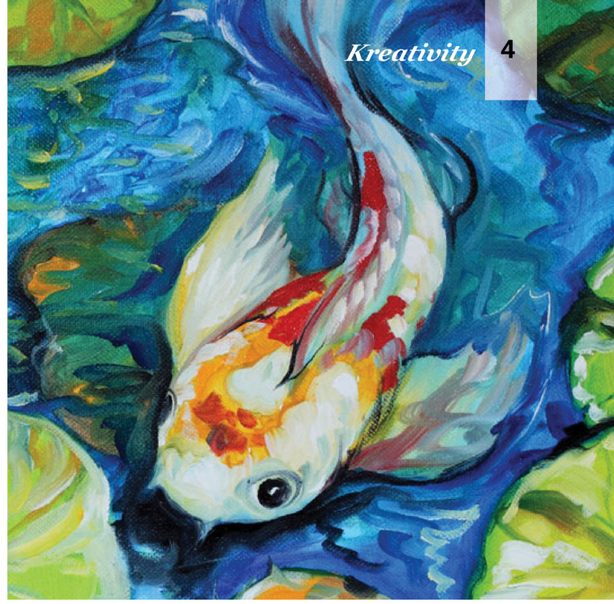
RHYTHM OF LIFE

I have passed many years
to take the voyage of my life
till this long
passing through ups and downs;
swimming through deep wide oceans.
To reach the valley,
to climb the cliffs and hills of life,
to meet my goal and thereafter.
Still, I strive to find me.
Half times disoriented
half times messed up
I see the colors are of the rainbow
yet most often it is the stars in the dark.
that provide me with the
promise of finding myself
I know!
Life is made sweeter and worthier
when it meets hardships and
passes through struggles;
like the water flowing
over sharp pebbles,
pressure creating Diamonds,
fire refining Gold.
We must be recipient,
of the dirges and the buoyant songs,
and there then, the complete
Rhythm of Life is born.

- Irene Samuel

The kindness we
extend to others,
ripple in the universe
endlessly.

- Calvin Malone







AN UNTOLD LOVE STORY

Arrived as usual
I was waiting for my partner
in this room of flickering lights
here she comes - majestically
in the hands of my drummer boy
smiling and waving at me
people were eagerly waiting for our kiss
suddenly her thin body
started touching my skin
dum! dum! dum!
I being the drum and
she being the stick
created a crazy beat
we could see them dancing
to the movement of our beats,
to the rhythm of our love
tears of pain and sacrifice
turned into moments of
celebration and Ecstasy.
Like our sweet sorrowful musings,
life too is a rhythmic melody
ever moving
always striving towards a better beat.

- Sandra Binoj

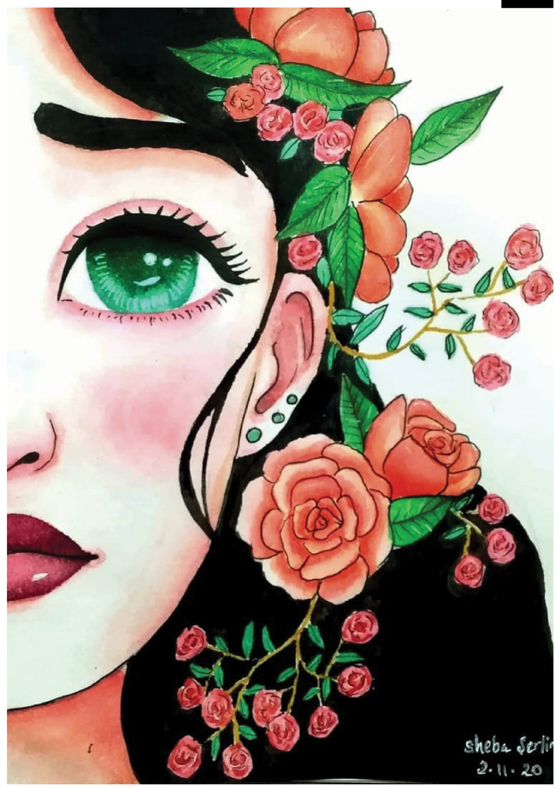


Art by Bincy Thomas

MY WRECKED HEART

I wonder how my life would be
I wonder how it feels
I wonder how I will fix my injuries
It's all wretched my messed-up heart
can't make it back to its ordinary state
It's wrecked, broken into little pieces
hard to distinguish them.
From the little bits of my wrecked heart
despite everything
I will recoup soon
A light of expectation shines
However, despite everything
I will recoup soon
with the musicality of life.

- Hanna Mariam Benny





VOICE OF A WALLFLOWER

Flickering lights and misty dark night,
when the world sleeps, lovers and broken
hearts are awake.
Quiet roads with vehicles few,
here I stand alone
with loneliness by my side.
Multiple thoughts running in my head,
more of negative and less positive.
The night shows a reflection of what I am,
What place I hold in someone's life?
Will people like me?
Will people love me?
What are the answers
I have to find?

- Jisha Tigga



THE WOVEN DREAM

She jumped up in excitement at the gift that he bought for her. She always had a craving for those berries after being pregnant. “Do you like it?”, he asked. Somewhere inside her bump there was a person nodding. Yes, she definitely must have liked it. It tasted really good. Days passed, taking the happiness along with it. But one day, she didn’t get her usual berries. However, that didn’t matter to her. She was now craving for her husband’s presence. Even the clock felt scared to look at her burning face. She woke up as the church bell rang. It made her heart ache. She desperately wanted to go back home and see his face for one last time. She wanted to kiss him for one last time. She wanted to hit him hard for leaving her alone with their baby. But her health took the villain role and ignored her pleading. “Did I just hear a cry?”

She looked at her bump. “Baby, I’ll make sure that I’ll be there for you forever and I’ll bring you up. I’ll be your mom and your dad and….” Tears burst out and she could feel her heart tugging and pulling hard. Those straight lines projected on the hospital system was a proof that the heart finally went out of rhythm. There was an utter silence. From her heart to her womb, silence made its dominance alive.

-Teresa Gillroy

ZOYA



Though you shall never see it smile
though you won’t get to hold its hand
though you can never hear its heartbeats
it will always be a lifeless part of you
the heart started to beat,
when you killed it in cold blood
the ears started to hear,
when you killed it in warming blood
a part of her felt lifeless
but it was her weakness
that stopped something irreplaceable
from taking its precious life.
Taken away because of the fear of responsibility?
A life so short was taken without a possible fight.
Taken away and denied opportunity?
A life so short ended with no right.
It was meant to flourish
into a living breathing being
but was denied to see the light of day
it was my life.

- Arolin Varghese

Zoya – the word means ‘life’ in Greek.
Abortion isn’t a constitutional right, it’s the killing of the innocent! The denying of a life from being born. And if we can accept that a mother can kill even her own child, how can we tell other people not to kill one another? Those willing to murder the unborn, ought to ne'er be trusted to govern the living.

Your personal objections to abortion don’t offer you the right to deny bodily autonomy to others. All rights begin with the right to be alive.



MAY DAY

Marching with pride
you can feel the earth tremble
going thud - thud - thump
with every footstep.
Left - left - left - right - left
matching to your heartbeat
you can feel it race.
Your eyes dilate
blinking every minute.
Eyeballs nimble to and fro
blinded by the metal gallantry.
Clink - clink - halt - clink
matching to your heartbeat
you can feel it race.
Gun shots fired, 4 per sec
you shake your head
from side to side
men drop rapidly
as the lead kisses them.
You run far, far away
gasping in your residual soul.
Huff - huff - gulp - huff
matching to your heartbeat
you can feel it race.
Muzzled by missiles
bricks crumble as bombs shatter.
You are on your knees
blood dripping down.
Plop - plop - drop - plop
matching to your heartbeat
you can feel it die down.
Bam-bam-bang-bam
matching to your heartbeat
you can feel it race.

- Sheba Serlin



THE INEVITABLE RHYTHM OF LIFE

Death is an inevitable part of life. As we all deserve a joyous and harmonious life, we also deserve a peaceful and meaningful death. Death is inevitable. Death walks with us as a friend in every step we take. We never know in which step death will overcome us. And in every other step we overcome it by our conscience, by our time and by our strength. It might be an achievement to some as they have completed their purpose on earth. But for others who have been living a life of struggle, death comes as a saviour. Socrates stated that "Death may be the greatest of all human blessings." To some it comes as an unwelcomed guest, but "a necessary end, that will come when it comes".



Death also has its own beauty. In life, people talk about rich-poor, big-small and look into the vast difference between them and grab it into discussions to further more discrimination. But it is not only in words but also in reality we see how death offers six feet of land to every individual, whether rich or poor. As it goes in James Shirley's poem "The glories of our blood and state are shadows, not substantial things; There is no armor against fate; Death lays his icy hand on kings: Scepter and Crown must tumble down, and in the dust be equal made with the poor crooked scythe and spade." Therefore, let's treat the inevitability of death as yet another motivation to try and do as much as possible right now. Paulo Coelho stated that "A brush with death always helps us to live our lives better."

- Nikhitha Rachel

H A I K U

A poem of three lines, Haiku is a Japanese genre that runs in a particular pattern. Mora is a sound unit, which is much similar to the syllable in English Phonetics. The first line and the third line in Haiku contain five moras and in the second line, there are seven moras, hence the poetic genre Haiku making the pattern of 5-7-5. Haiku was popular in the name of "Tanka" poems in Japan during the 9th and 12th centuries. Originally, it was called "Hokku". The major masters of the Haiku genre were Basho, Buson and Issa.

A Haiku:

- Contains 17 syllables in total
- Haiku poems often carries a kigo or seasonal reference
- The themes are usually based on nature or natural phenomena.
- The poem has two juxtaposed subjects that are divided into two contrasting parts.





RHYTHMIC SENSATIONS
Alternating keys
In black and white resonate
The rhythm of life

FREEDOM- NOT TO HOLD
I had caught freedom
But like the water in fists
It sneaked and just flowed

THE CUNNING RAIN DROP
Drip a drop of rain
Slipping down the windowpane
Finding ways to hide

"THIS TOO SHALL PASS"
The tinkling bell cried
That Time holds no moment
Be it Joy or grief

- Seba Saji

THE INVISIBLE SYNC BUTTON

We look at each other from across the room and smile, knowing exactly what the other person is thinking at that very moment. We are almost like the same person but of different ages, we share very little differences. We have the same taste in clothes, shoes, earrings, movies, etc. There are so many times we end up looking at something at the same pace and end up muttering the same words together with an exact same tone. This sometimes creeps people who hear it. When it happens too often within a short span of time, this creeps us out too. We often end up completing each other's sentences at times. It feels like there exists some kind of telepathy between the two of us mother and daughter. How else is all of this possible? It's like we have an invisible sync button somewhere which flickers on and off a couple of times each day. Being like her is a blessing as she has such a big heart and is such a wonderful person.

- Dolly Cressida

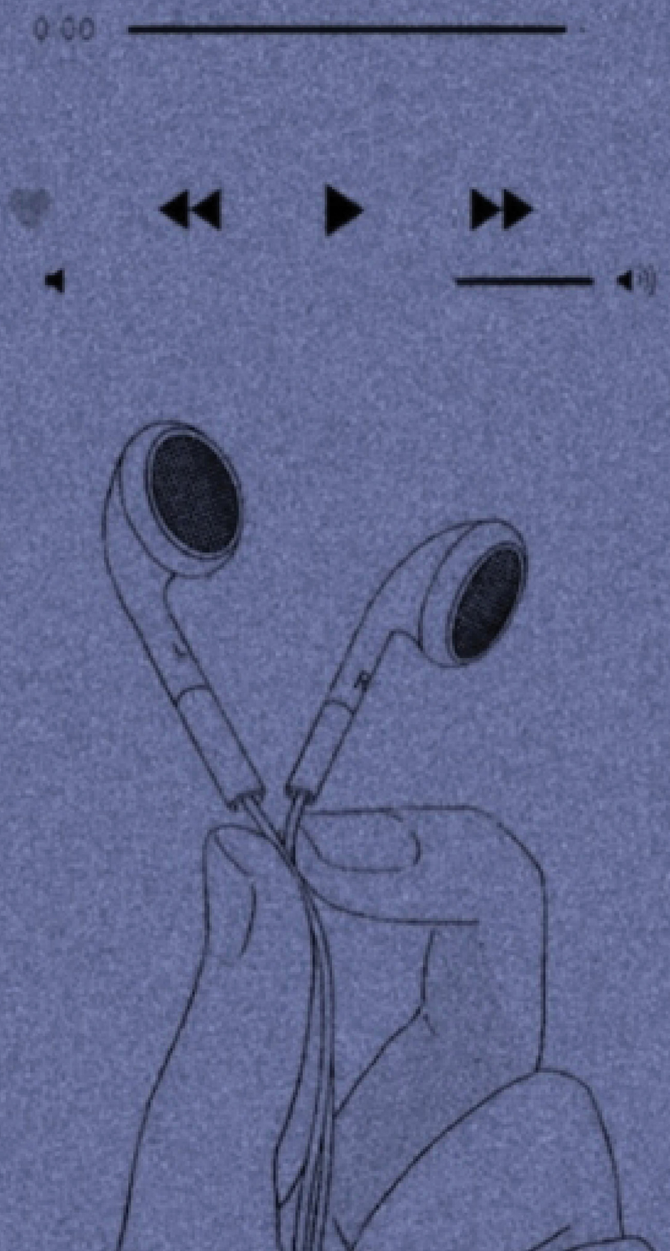
MOZART EFFECT

The Mozart Effect popularized the idea that listening to classical music increases the IQ. This brilliant discovery was made by American scientist Rauscher in 1993 after studying the effect of listening to Mozart's sonata on spatial-temporal reasoning. Thirty- six subjects were given tasks to be done after listening to classical music, relaxing tapes and in silence. It was found that those who listened to the sonata performed better than those who worked in silence. Though scientists emphasized the effect was temporary, the belief that classical music could make a man intelligent became widely circulated through advertisements featuring children listening to Mozart. Even today the misinterpreted Mozart effect remains popular across the world in the hope that it will help produce super-intelligent human beings.

- *Riya Merin*

DID YOU KNOW?

Krysp Notes



RHYTHM IN MUSIC

Rhythm is arguably the most important part of music. It's what drives the music, keeps it going, and keeps musicians playing together like a perfect orchestra. Without rhythm, there is no music. Rhythm keeps the song moving along, it gives it motion. It can also help a song feel slower or faster than its actual pace or create a sense of groove. When music is the body, rhythm is the soul of it. Sometimes, alternative rhythms are used for dramatic effects, like Stravinsky music. Missing a beat in music can lead can lead to the complete destruction of the beauty of an entire musical piece. Rhythm is one of several characteristics of music that allows us to "understand" music. It is that facet that evokes emotionsvfor instance; a fast beat can incite positive emotions, such as happiness and liveliness, while a slow beat in any music can stimulate negative emotions such as sadness and gravity. A piece of music with good rhythm can sway the mood of a person. A piece of music without rhythm is not music, ultimately rhythm is the mathematics behind the music. Beautiful music is like beautiful Math- It inspires solutions.

- Sherin John

AUGUST 24TH OF EVERY YEAR IS MARKED FOR THE CELEBRATION OF

INTERNATIONAL STRANGE MUSIC DAY

THE DAY ENCOURAGES INDIVIDUALS TO LISTEN TO MUSICAL GENRES THEY HAVE NEVER LISTENED TO BEFORE. THIS CAN MEAN EITHER UNKNOWN OR BIZARRE- THE CHOICE IS ENTIRELY YOURS

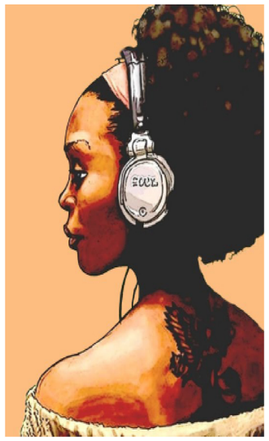




FOLK MUSIC is a genre that evolved during the 20th century folk revival. It includes traditional folk music.



JAZZ is a music genre that originated in the African- American communities of New Orleans, United States with its roots in blues.



SOUL MUSIC (often referred to simply as soul) is a popular music genre that originated in the African American community in the United States in the 1950s and early 1960s.



REGGAE is a music genre that originated in Jamaica in the late 1960s. The term also denotes the modern popular music of Jamaica and its diaspora.



HIP-HOP music, also called hip-hop or rap music, is a genre of popular music developed in the United States by inner-city African Americans and Latino Americans in the Bronx borough of New York City in the 1970.

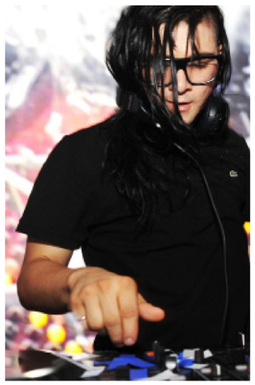
MUSIC GENRES



WORLD MUSIC, also called global music, is a Western musical category encompassing different styles of music from other parts of the globe.



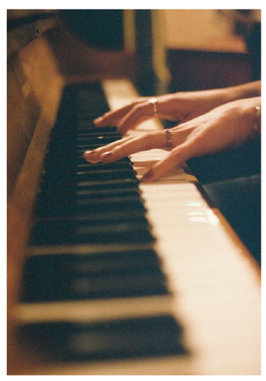
ART MUSIC is music that is advanced in structural and theoretical considerations.



DUBSTEP is a genre of electronic dance music that originated in South London in the Late 1990s.



INDIE ROCK is a genre of rock music that originated in the United States and United Kingdom in the 1970s.



A **BALLAD** is a form of verse, often a narrative set to music. Ballads derive from the medieval French chanson balladee or ballade, which were originally called "dance songs".

Music is life itself
Louis Armstrong

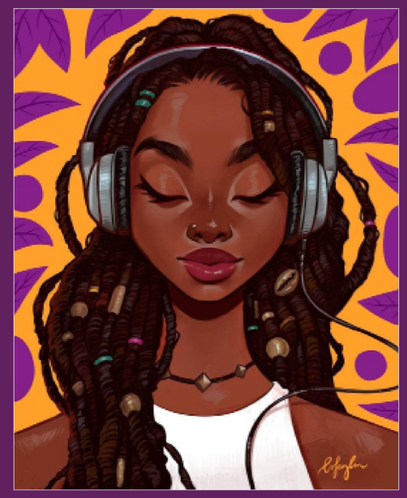
- Alan Sebastian

THERAPEUTIC BENEFITS OF MUSIC

We tend to form deep connections with our music. Ever wondered why music can get you all pumped up or riled up after listening to a song? Rhythm and music over the ages have enabled us to crack the code of human existence. They possess the key to understanding, human emotion and the human brain. Music has aided in therapeutic values for ages. It helps the brain to resonate with the rhythm. This adds in improvising cognitive function in humans. Musical rhythm provides many benefits to the listeners.

BENEFITS

- Reducing anxiety
- Limiting pain
- Lessen stress
- Helps recover from brain injury
- Treat seizures
- Aids your movement
- Improves memory
- Treat Alzheimer's disease
- Helps in de-addiction
- Soothes premature babies
- Aids autism affected kids
- Stroke recovery
- Additionally, it helps in stimulation of the brain for creativity and healing.



We see various other important effects of musical rhythm. Wondering how it works? Rhythm stimulates a sensation at a subconscious level. It further boosts performance and impacts health for a long term. Thus, music can be your own personal therapist at home. Rhythm is the new drug-free way of healing.

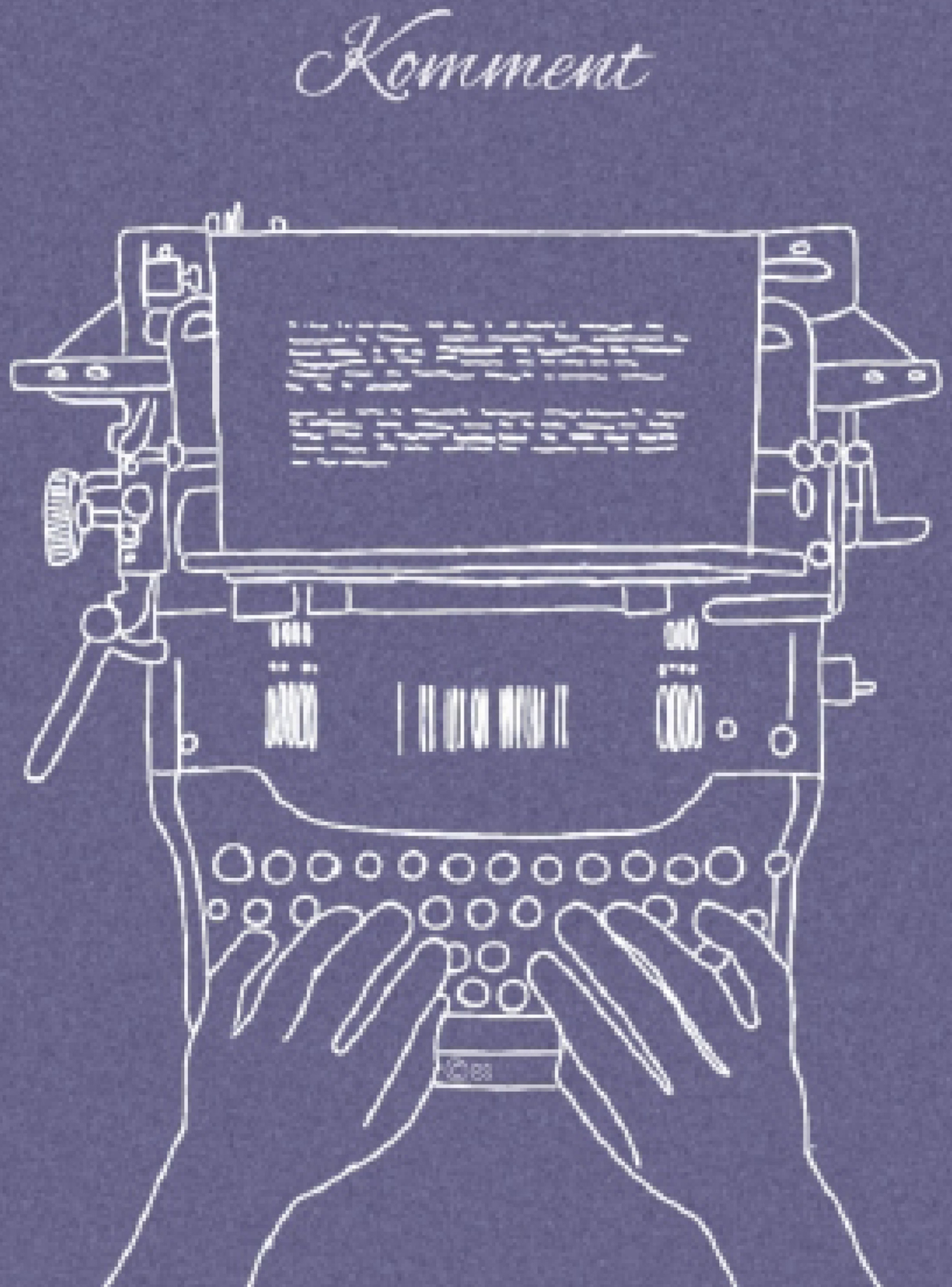
- Keziah Grace Shibu

Ask the Expert

What is Resonant Leadership?

True leaders are those who can create an impact on the emotional state of others through positive emotional attractors. If you are in any position that influences another like a teacher, nurse, team head or even a parent, you can become an harmonic agent with your positive spirits. Resonant relationships can be developed by consistently following three things: inspire others through hope and vision, be mindful and be compassionate. By doing so, you can renew yourself from the stress loop and connect with others for positive impact.

- Dr. Smarty Mukundan
Faculty, State Bank Institute of Leadership



BOOKER PRIZE WINNER

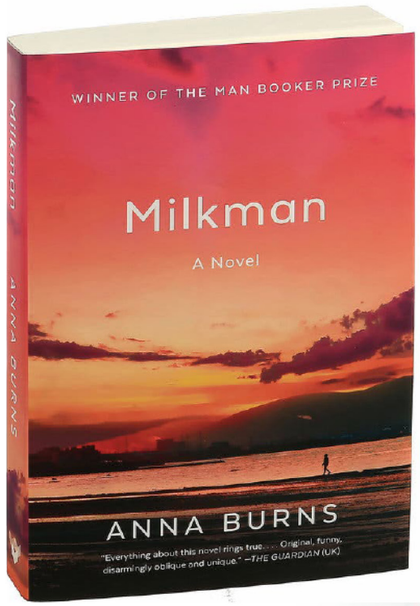


Lots of people haven't done anything,' said longest friend. 'And still they're not doing it, will always be not doing it, in their private coffins down at the usual place.

- Anna Burns

Anna Burns is a famous Irish novelist who hails from Belfast in Northern Ireland. Her novel 'Milkman' won the Man Booker prize in 2018 and was the No.1 Best Seller in Britain. She has written three English novels discussing the impact of a level of violence that has become ordinary and has turned into the cultural norm in Northern Ireland. Her novels in many ways attempt to show how abnormal this normality was, the lack of names giving it an almost dystopian futuristic quality. Burns always states that she doesn't try to point out the political view of Ireland. However, all her works have parallel concerns to the history of Northern Ireland. The unwanted political crisis destroys the lives of helpless beings in rural areas disastrously. Many families become 'manless'. This shatters down women belittling their moral, mental and physical strengths. By means of bomb blasts and the militant firing, a good number of unemployed youngsters fight for and serve the politicians and religious leaders. As a result, many innocent people lost their lives. Mostly, it affects the poor middle-class families of Northern Ireland. All the three main works of Anna Burns speak about the same theme which made changes in the rhythm of their lives.

- Rohith Saji







AN INTERVIEW WITH

REV FR. JOSEKUTTY,

CAMPUS DIRECTOR, KRISTU JAYANTI COLLEGE

In this issue we feature Rev Fr. Josekutty, Campus Director of Kristu Jayanti College whose influence continues to have a ripple effect in its reverberations through Kristu Jayanti and beyond.

1. What is your most favourite quote - that defines you as a person?

"Be happy and rejoice in the happiness of others." I think that can be a life principle for everybody. And this is something I always keep in mind.

2. Many individuals influence our thoughts and our manners. Who is the person who has influenced the shaping of your personality?

I cannot restrict myself to one person who developed and influenced my personality. Because when I look back at my childhood, everybody has had a role in shaping my personality, my parents, my family members, my brothers and sisters and my teachers. Their efforts and the inspiration they gave me influenced me in more ways than one. After joining the CMI congregation and becoming a priest, my colleagues and my professors in the

congregation and also the vision of St. Chavara had a great influence on me. In my academic career, my inspiration has always been my students, my colleagues and my CMI fraternity, especially those who worked together with me in Kristu Jayanti during the last two decades.

3. Our college has recently secured a 'Gold Rating for its campus.' Has it been a very challenging dream to fulfill and maintain?

It was challenging and also an achievement for all Jayantians. We try to realize our vision by being academically competent, socially responsible and driven by values making us globally competent. Inculcating environmental values is a major focus of the mission of our college. So, I think the experiential learning facilities in our campus with all the initiatives of Environmental Protection and Energy Saving Strategies helped us achieve the Gold Rating. The credit goes to all the students and staff members of our College.

4. What is the success mantra behind the achievements of the Kristu Jayanti College?

Being a part of the Kristu Jayanti academic family, I always believe our success mantra is "United we can make wonders, with teamwork, we can make miracles". The success of Kristu Jayanti from the beginning is the result of teamwork among the students, the faculty, staff members, management team, and also the support from all the stakeholders of Kristu Jayanti College. And moreover, from the very beginning each and every individual associated with the Kristu Jayanti College, owned the institution as their institution. That is our real success mantra.

5. What is that one proud achievement during your principalship that still brings you happiness and a sense of accomplishment?

At Kristu Jayanti College, from Day One, each moment was rewarding, giving me happiness. If I specifically have to mention a few, our college became accredited by NAAC within the first 10 years itself. Within 13 years, we were awarded autonomous status. Our students, were the University Youth Festival Champions competing with more than 600 colleges in Bangalore University, and were awarded at the national level as well. Another aspect is the Placement. Company recruiters extol the qualities of the Jayantians working with them. These are some of the sweet memories of our College.

6. Kristu Jayanti has students from across the globe. What, according to you, is the secret to maintaining a harmonious balance between the diverse cultures within the campus?

We started our college with just nine students, a very small community, but now we have more than 8000 students from different parts of the world, representing most of the countries in the world. But at the same time, we had a clear responsibility for the people of Karnataka and different cultures. Jayantians are known for assimilating the good values from different cultures and learning from others and working together. I think our college can be a case study of this global village community understanding, working together and going forward with enrichment and sharing, supporting, success.

7. It was the poet Robert Frost who said "The land was ours before we were the land's." Can you tell us a little about the history of this land before it became the glorious KJC?

The land has a long history. The motto of the CMI congregation has always been to give quality education to the people who do not have

the access to it. The South and Central part of Bangalore were well developed, but not so North Bangalore, especially with respect to higher education. We purchased the land in 1993 and in 1998, we got the permission to construct and in 1999 we started the college. It was a humble beginning with 9 students, 3 faculty members, 2 administrative staff and a small building. But the people around the village were very happy to welcome us because they knew that once a higher education institution by the CMI is established in the area, it will definitely empower not only the students but there will also be a real change in the locality by way of development.

> **"THE SUCCESS OF KRISTU JAYANTI IS THE RESULT OF TEAM WORK.**
>
> **- REV. FR. JOSEKUTTY PD**

I gratefully remember the support given by the local administration, the neighborhood and also the first batch of students and teachers who dared to come to our 'remote' college, not yet connected with transport facilities and frequent electricity outages. But where there is quality, people don't mind distance. And students came seeking quality education and we focused on giving them just that and fostering their talents. Gradually, our college came within the Corporation limit and the area developed. I remember in those days; we could not see a two storey building anywhere nearby. The committee member who came for the inspection and sanction of the courses asked me "Father, will anybody come here to study?" I remember my answer to him, "Sir, if there is quality, parents and students will have a special affinity to that institution. Wait for another seven years and you will see the difference." Today it is a reality and the credit goes to the students, teachers, management and the support of all stakeholders. They converted the challenges to opportunities. The strength of the college is not in the buildings, real strength lies in the commitment of the teachers and the involvement of the students in all the activities of the institution. You may not find big advertisements for our college because whatever the students experience in the campus, whatever the parents experience through the success of their son or daughter, is circulated in towns, cities and countries and that builds the brand of our institution.

8. Challenges are something we face, what did you find most challenging as the Principal of an institution and how did you deal with it?

The major challenge as a principal of a newly started college was the assurance of quality and making sure the student community has a memorable campus experience. The relationship among the students, faculty and the administrative team made the college a conducive environment to work together. In Kristu Jayanti, we do not concentrate on the academic excellence alone rather we concentrate on the holistic development of every student. This was a challenge, which we overcame by tackling as an opportunity and Kristu Jayanti is what it is today, with the accreditation, with the autonomous status and also the recognition we receive at various levels from various agencies from India and abroad.

9. Time management is an indispensable skill in all aspects of life. Can you share with us some of your time management strategies?

As a member of the Management, I would say the best method of time management at an administration level is the delegation of power and to trust others. In management principles, there is a term called "management by exception" that means routine things should be under the leadership of the delegated management getting involved only if need be. The second thing is Priorities. Focus and dedicate time according to our priorities. If we don't have priorities, we may feel that our time is lost and our work is not fruitful. When we set priorities and when we have a goal, we can definitely work with a plan and with a timetable. Moreover, the training in the CMI congregation helped me plan out things and to manage time better. Also always trust in the Almighty. My prayer is not only for me or my immediate friends and relatives but for each and every member of the Kristu Jayanti family. I pray every day that the divine grace be there for the well-being of our college and also each and every individual.

10. What would be your foremost advice to our readers on how to deal with a hectic schedule and lifestyle?

When we gain a realization that we have a role to play, automatically, we will have a focus in life. I should add that some days we may feel that whatever plans we make, we may not be successful. But don't be disappointed by the bottlenecks or failures in life. Always look forward with positivity. Then definitely, time management will be very easy also learn to trust others. Give respect and take respect. I would like to quote Dr. Kalam, who used to say that every youth should dream about their future, about their country and society. When we have a dream nothing will be hectic in our life. When we have a dream of doing the best and giving our best to others, we will be calm. Even if we lose our temper, we can maintain a sense of serenity inside. That is my experience. Wishing each one of you all the very best.

- Interview by Riya Merin and Seba Saji





"DIGITAL DETOX"

A Talk with the KJC NSS Officer

The seven-day camp of the National service scheme (NSS) gave the students of NSS a chance of a lifetime. Prof Sreedhar who has been conducting NSS camps for the last fifteen years, tried something innovative and different this year. He wanted to conduct a social experiment for a digital detox. The main intention was to help students regain their natural rhythm of life, says the NSS Officer in the short interview.

What was the campaign about?

Every year the NSS camp is held where 100+ students participate and throughout the camp various activities are conducted such as Samadhan, interaction with Gram Panchayats and awareness classes conducted by experts on various issues during the camp. A class on cyber misuse on social media was followed by a class on kitchen gardening and another on healthy food habits.

What were the main objectives of the campaign?

To completely avoid the usage of mobiles during the campaign, this brought more interaction among the students and led them to discover new capabilities and made them aware of phone addiction and its effect on human relationships. To bring back the balance and rhythm of life.

How beneficial was the campaign for students and teachers?

Due to the ban on phones, the success rate of the camp was high as the students involved themselves in organizing and participating in all activities. Teachers and students had a healthy relationship away from the distraction of social media.

- Aishwarya



NSS Programme



Students at the NSS Camp



LANGSTON HUGHES

Langston Hughes was an American poet who is known for his association with the Harlem Renaissance of the 1920's. He began writing at a very early age and first flourished in Lincoln where he grew up. "Everyone knows, except us, that all Negroes have rhythm" was what he rationalized when he was elected as class poet while in Grammar School. American literature and politics were influenced by his literary contributions. He advocated equality and objected to racism and injustice meted towards the African Americans using his poems, novels, plays, essays and children's books as mediums to express his discontent. His works celebrated African American culture and tradition, humour and beliefs. He was considered a Renaissance man because of his interest in many other fields. His works often crossed into other mediums and he was the first writer to use jazz rhythms to depict the life of urban blacks in his works. The world of jazz had a tremendous influence on his writings.

- Riya Merin



Harlem Renaissance

The Harlem Renaissance was an African American cultural movement of social and artistic explosion that flourished in the 1920's. The key figures were Alain Locke, Langston Hughes, Aaron Douglas, Zora Neale Hurston, W.E.B Du Bois and so on. The period is considered as a Golden age in African American culture celebrating African heritage, embracing self-expression and rejecting degrading stereotypes.



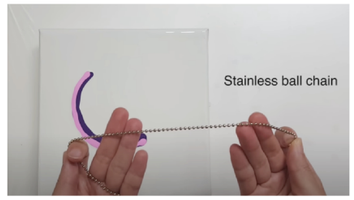
STRING ART

In this DIY, we will learn how to make a beautiful blooming purple flower through the chain string pull technique. I am using purple and pink for my flower, but you can be creative and use other colors of your choice! Be creative!

Things you need
- Acrylic paint
- Glue
- Canvas
- Chain
- Pipette



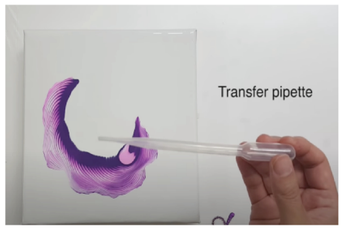
Step 1
You need to cover your canvas with a mixture of acrylic white paint and glue, spread it evenly across the canvas and then pour a thin stream of paint as a curve.



Step 2
Here, you can see the curve of paint. Now you have to take the stainless ball chain and put it on top of the curve.



Step 3
You need to pull it down slowly as it makes the pattern of a petal.



Step 4
You can use the pipette to extract the extra paint on the canvas.



Step 5
You need to repeat the same step 3 multiple times till you get the patterns of petals to form a full beautiful blooming flower.



Step 6
After all those multiple layers, it would look something like this.



Step 7
You can use another color of your choice to make the leaves, just as we did for the flower.



FLUID ART

Fluid art is a process of letting those beautiful colours flow freely over your canvas to form unique pieces of artwork. Here are some techniques to make a masterpiece of your own!

Things you need
- Pouring acrylic paint
- Canvas
- Cups



Step 1
Pour the acrylic paints of your choice, one by one into the cup.



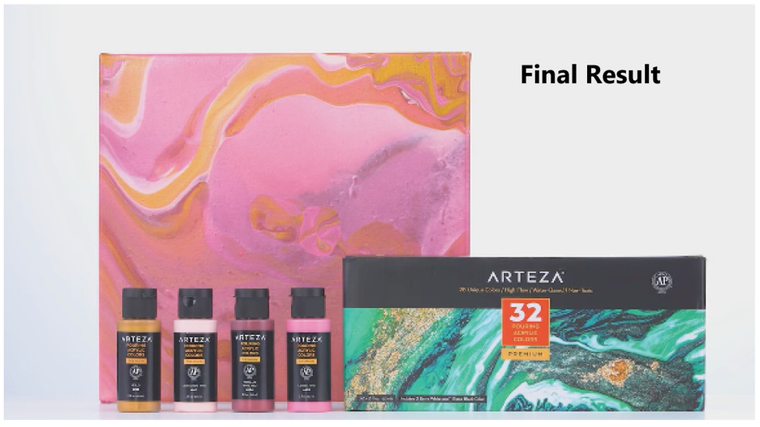
Step 2
Keep the canvas upside down on top of the cup.

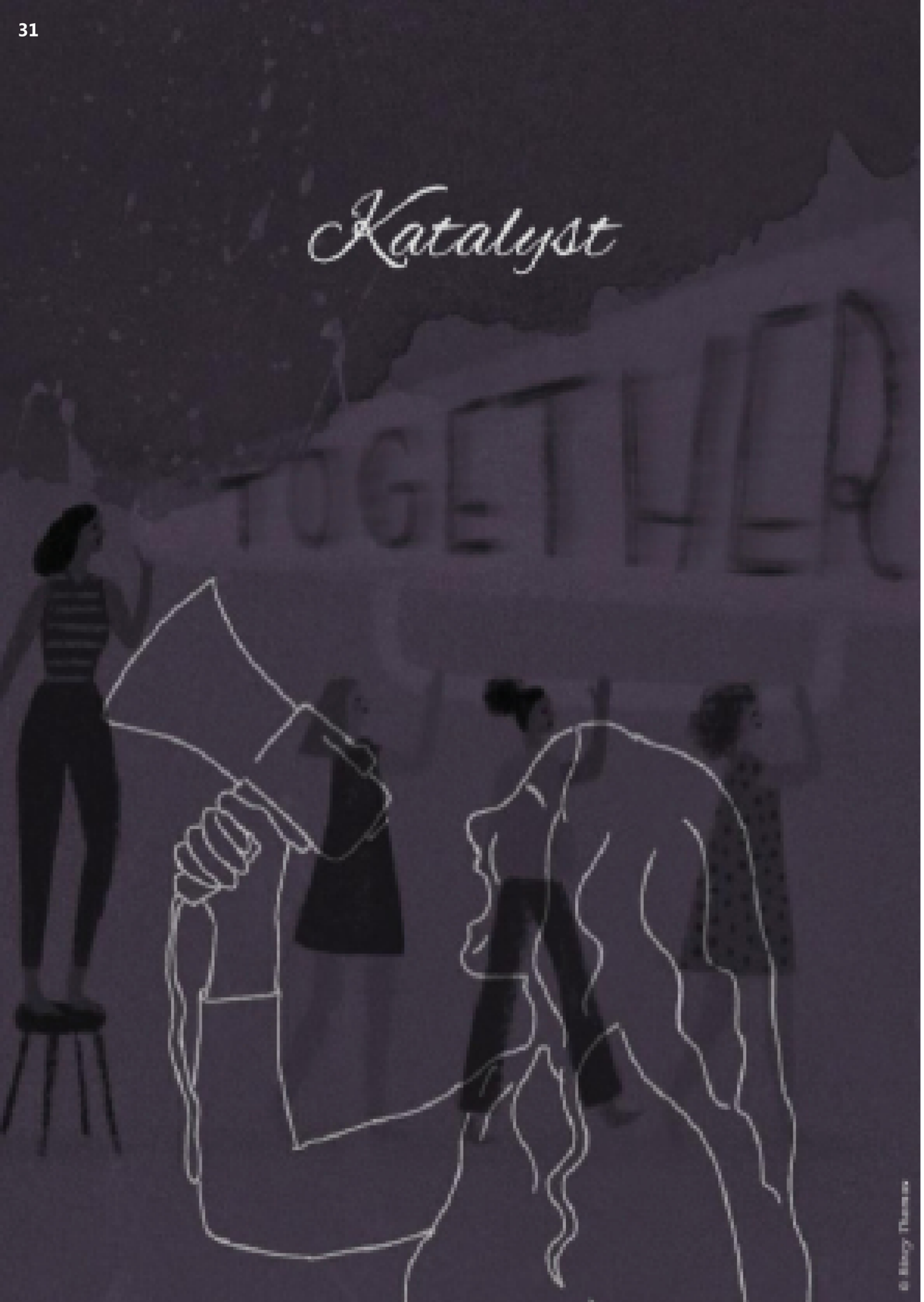


Step 3
Flip the canvas over, so that the paint from the cup falls on the canvas.



Step 4
You will have all your colors on the canvas when you flip it over and lift the cup. Now all you need to do is tilt the canvas towards various sides so you will be done with your unique abstract painting.





CONSTITUTIONAL CACOPHONY

One of the important issues on which the nation is burning today is the recent amendment of the Citizenship Amendment Act, 2019. The act is the first occurrence of religion being evidently used as a benchmark for citizenship under the Indian nationality law. Protests are persisting all over the country against the CAA, as it shatters the integrity of the nation. 'Unity in Diversity' is the motto that India upholds from ancient times. India was a country, which produced sweet melodies in harmony. It was a beautiful music which was a mix of diverse cultures, diverse languages, diverse religious communities etc. Today, this symphony is no more; instead it produces a cacophony of deafening sounds. Let us look at the Constitution of India as the drum which produces beats. The rhythmic beats which are produced by this drum are responsible for the smooth functioning of the country. The drummer who plays the beats is the Judiciary, the legislative and the executives, along with the citizens of India. It is only when the rhythm which is in the mind of the drummer reaches the drum; it can produce a beautiful symphony. If the rhythm in his mind does not translate to the drum, the beats will create cacophony. This same chaos is happening in India today. Let us take the analogy of a drum kit for a better understanding of the situation. A drum kit can be considered as a collection of drums and other percussion instruments. A drum kit consists of a mix of drums, idiophones, and also the woodblock and cowbell. Each of these instruments has particular sounds and pulses, which will all come together in harmony. Only when all these instruments are played together in specific beats, will it create ensemblance. This was India, before the CAA. CAA can be considered as an attempt to play a monotonous drum by avoiding these varieties of instruments. The result is, it created unpleasant sounds. This not only ruined the rhythmic harmony in the country, but also gave rise to other rhythmic pulses of sorrow, of agony, of violence etc. We have witnessed the atrocities of the police. Students were brutally beaten up by the police inside their campuses; they burnt buses and put the blame on the student community - this way, the rhythm of the constitution was and is being destroyed.



There is a balance for every rhythm. Each person is a pulse of the society and each society is a pulse of the nation. When all these beats are played, it creates a rhythm which further creates music and enables the smooth functioning of the country. The whole of our life is a rhythm, where the first beat is birth and the second and the last is death. Everything in our life has a rhythm. Our heart beats according to a rhythm; there is a rhythm in our respiratory process, a rhythm in the blinking of eyes, a rhythm in our speech, a rhythm in our movements and so on. Thus, we can define even our lives in rhythmic terms. The success and failures of our lives also follow a rhythmic pattern. In every pleasing musical composition, there will be a high beat after a lower beat. Consecutive high beats will never sound appealing. Similarly, continuous success will weaken the musicality of our life. Every failure is thus an indication of the success that follows. Just like music loses its appeal with the loss of the rhythm, so does our life. It will not be sweet or melodious unless it recaptures the lost rhythm and forms a beautiful ensemblance. The failing of rhythm leads to the downfall of the individuals, the society and even the country. There should be a synchronization of rhythm and each person will be transformed into an asset of society; someone who is valuable for the earth and the world.

- Jeeva Theresa Jose





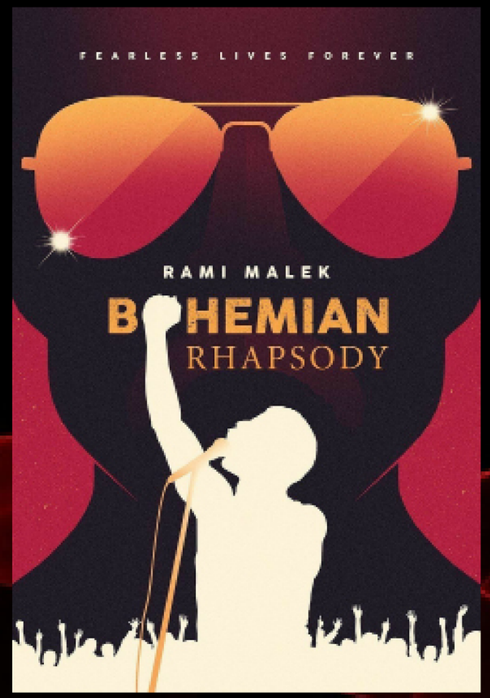
ACTIVISM, HASHTAG ACTIVISM AND ITS IMPACT

Social movements have a structure which make them function relative to their goals. The kind of reformation that is taking place through social movements include canvassing, public meetings, rallies, or fasting. The cause of the activism will vary according to the type of protests - Gender equality, women rights, opposition to a factory, world peace etc.. Activism has played an important role in the protection of the weaker sections. Strengthening their voices creates protests and these protest later transform into movements. Movements are associated with the betterment of society and culture. Activism is a tool. The main purpose of movements is to raise awareness and to engage people in discussions. It makes the people political. The perpetrators of activism are called 'activists'. A major protest that happened in India was the 'Nirbhaya' movement. In New Delhi, a student was brutally gang-raped in December 2012. She was injured, unconscious and half alive when they dumped her on the highway. She didn't survive the attack and the media named her Nirbhaya. It created an impact in India and its neighboring countries. Social movements always stand by the side of the marginalized. The Naxalite movements in India exemplify this. The Internet helps in coordinating and creating platforms of discussion inside movements. The internet has given rise to social media and the social media in turn gave rise to hashtags and mobilization is an essential part of the movement. Social mobilization is directed towards social change. The Kerala floods were not greatly acknowledged by the national media. But with the influence of Facebook and Twitter it crossed regional differences and help was provided by various people residing outside the state. Ordinary people could play a role in rescue efforts using social media. Hashtags such as #KeralaFloods, #MeToo, #Verified started trending within hours and helped grab the attention of the whole world. Movements are context based and it is up to the people to decide whether it should be sustained or not. In today's world there are both online and offline movements and both of them have their own merits and demerits. A protest that begins on the internet transforms into an offline movement and vice versa.

- Anagha Sreenivas

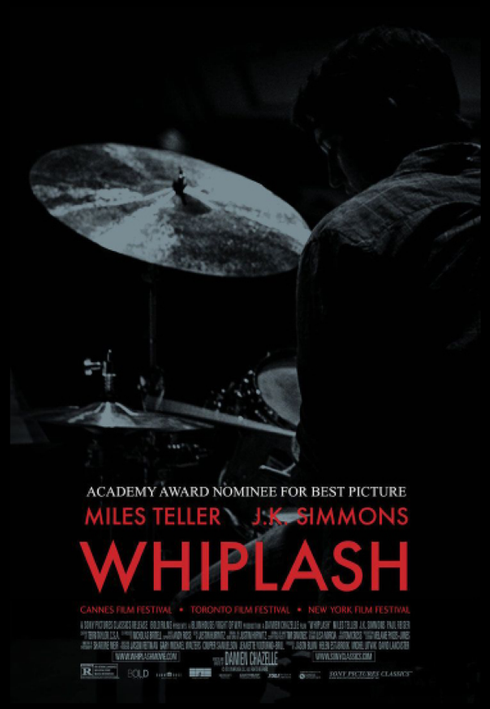


MOVIES with RHYTHM



BOHEMIAN RHAPSODY

Bohemian Rhapsody is a 2018 biographical drama film about Freddie Mercury, the lead singer of the British rock band Queen. It was directed by Bryan Singer from a screenplay by Anthony McCarten. The film traces the meteoric rise of the band through their iconic songs and revolutionary sound, their near-implosion as Mercury's lifestyle spirals out of control and their triumphant reunion on the eve of Live Aid, where Mercury, facing a life-threatening illness, leads the band in one of the greatest performances in the history of rock music. In the process, cementing the legacy of a band that were always more like a family, and who continue to inspire outsiders, dreamers and music lovers to this day.



WHIPLASH

Whiplash is a 2014 American drama film written and directed by Damien Chazelle. It depicts the relationship between an ambitious jazz drumming student Andrew Neyman and an abusive instructor Terence Fletcher at the fictional Shaffer Conservatory. Andrew Neyman is an ambitious young jazz drummer, single -minded in his pursuit to rise to the top of his elite east coast music conservatory. Plagued by the failed writing career of his father, Andrew hungers day and night to become one of the greats. Terence Fletcher, an instructor equally known for his teaching talents as for his terrifying methods, leads the top jazz ensemble in the school. Fletcher discovers Andrew and transfers the aspiring drummer into his band, forever changing the young man's life. Andrew's passion to achieve perfection quickly spirals into obsession, as his ruthless teacher continues to push him to the brink of both his ability - and his sanity.

LA LA LAND

La La Land is a movie written and directed by Academy Award nominee Damien Chazelle in 2016. The film tells the bittersweet love story of Sebastian, a dedicated Jazz musician and Mia, an aspiring actress who are struggling to make ends meet in a city known for crushing hopes and breaking hearts. Both of them strive for their success but unfortunately, they fall in love with each other. Set-in modern-day Los Angeles, this original musical about everyday life explores the joy and pain of pursuing your own dreams in day to day life.





AUGUST RUSH

August Rush is a 2007 American Musical drama film directed by Kirsten Sheridan. The film is about an 11- year old musical prodigy living in an Orphanage who runs away to New York City. He begins to unravel the mystery of who he is, all while his mother is searching for him and his father is searching for her. The many different sounds and rhythms he hears throughout his journey, culminates in a major instrumental composition which concludes the film. The young boy believes that he is going to find his parents through his music. Hence, this film is a true masterpiece for all music lovers.

THE GREATEST SHOWMAN

The Greatest Showman is an American Drama musical film that was released in December 2017. This movie was directed by Michael Gracey and written by Jenny Bicks and Bill Condon. This story is inspired by the story of P.T Barnum's creation of the Branum and Bailey circus and lives of upper crust society in the 19th century. This musical drama begins with the youngest Barnum who tries to survive his life in New York after his dad passed away. He then married Charity Hallet from Borjuis, when he was a teenager. Barnum is a motivated successful man and starts his business up and down until he becomes one of successful entrepreneurs in New York after his circus is phenomenon and success by showing unique people. The songs in the film are so incredible and beautiful; through the songs the story can be imagined.



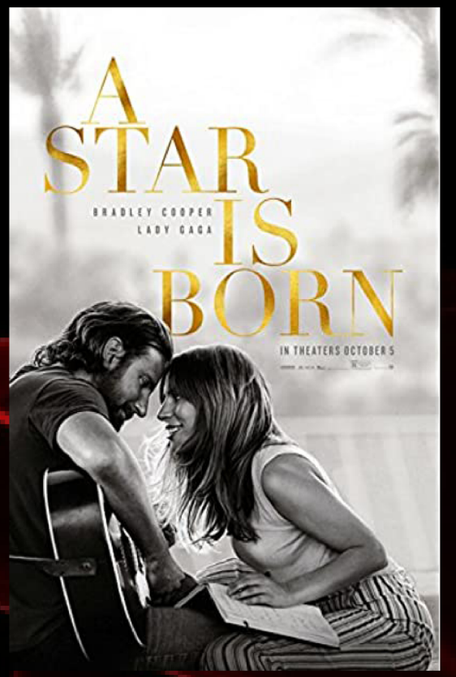


THE SOUND OF A MUSIC

The Sound of a Music is a 1965 American musical drama film produced and directed by Robert Wise. The film is an adaptation of the 1959 stage musical of the same name, composed by Richard Rodgers with lyrics by Oscar Hammerstein II. The film's screenplay was written by Ernest Lehman, adapted from the stage musical's book by Lindsay and Crouse. Based on the Memoir, The Story of the Trapp Family Singers by Maria von Trapp, the film is about a young Austrian postulant in Salzburg, Austria, in 1938 who is sent to the villa of a retired naval officer and widower to be governess to his seven children. After bringing love and music into the lives of the family, she marries the officer and together with the children find a way to survive the loss of their homeland to the Nazis.

A STAR IS BORN

A Star is Born is a 2018 American romantic musical drama film produced and directed by Bradley Cooper and written by Eric Roth, Cooper and Will Fetters. Bradley Cooper and Lady Gaga fuse their considerable talents to depict the raw and passionate tale of Jack and Ally, two artistic souls coming together, on stage and in life. Theirs is a complex journey through the beauty and the heartbreak of a relationship between them. Cooper portrays seasoned musician Jackson Maine, who discovers and falls in love with struggling artist Ally. She had given up on her dream to become a successful singer, until she meets Jack, who immediately sees her natural talent and falls in love with her. Cooper elevates a shopworn genre by fully integrating story and song.



- Sebin Issac Vargese

THE LONGEST RUNNING MUSICAL IN THE WORLD!

Did you know that in one part of the world, a musical has been running on its own for centuries? The world's longest performance of a piece of music is still ongoing at St.Buchardi Church in Halberstadt, a town located in Germany. The musical has been scheduled to run on for 693 years in total, beginning in 2001 and to end in the year 2640. The performance is named 'As slow as Possible', a musical composition that was created in 1987 by John Cage, a renowned composer of the twentieth century. The musical is not just long but also extremely slow, the first year producing no sounds at all. The original piece would have typically been performed within a mere twenty minutes, but after John Cage's death in 1992, fellow musicians and organizers decided to bring the literal meaning of his composition's title to life. John Cage had not specified how slow it should be played and therefore it was decided by the John Cage Foundation that it should run on for 639 years to commemorate the first installed organ of the slow concert. The significance behind the musical and its sluggish performance has been a topic of debate among musicians and performers. Some hold that it means nothing at all and should be enjoyed for what it is, whereas others impart a special meaning to the performance that it implies something that has become a necessity in today's busy life Serenity. The concert has been so slow that the construction of the organ had not even been completed when it first began. It takes months, even years to see a change in note and whenever there is a change in note, large number of people flock to the old church where the automated organ that performs the musical is located. There is an acrylic glass cube encasing the organ to reduce the volume, pipes to keep the music steady and a constant supply of air, and sandbags situated on the pedals of the organ keep the music playing. The performance can be considered a reproach or a critique of modern life and is striking in contrast to how people have become addicted to speed. The slow pace of the performance is fascinating to people who see in it a wake-up call to slow down their pace of life.

- Riya Merin



St. Burchardi Church, Halberstadt



Zadar, Croatia

NATURE'S VERY OWN ORCHESTRA

In the Croatian seaside of Zadar, hidden beneath a set of large white steps leading to the water, is the Zadar Sea organ. Nikola Basic, the Croatian architect became tired of his battle-damaged city Zarad with only lusterless concrete buildings and he decided to brighten the area with some music. He created a magnificent nature-based instrument, the Sea Organ, a series of 35 pipes and a large reverberating cavity, which is played by the winds and the sea. The music of the organ is mysteriously mnemonic of the melancholy of the whale calls. The 230-foot long Sea Organ which is fitted in the expansive marble steps leading into the Adriatic Sea converts waves into random, yet soothing rhythmic music. Each set of steps consist of five organ pipes and is modulated to a different musical chord. The pipes are linked through a sequence of narrowing channels and act according to the wind and waves. The Sea Organ is loved by both the locals and tourists equally and has won quite a few architectural awards, including the 2006 European Urban Public Space Award where it was described as the "perfect grandstand for watching the sunset over the sea and the outline of the (neighboring) island of Ugljan, while listening to the musical composition played by the sea itself."



- Sandra Binoj



EARWORMS

You hear a song which is not that appealing to you, but it is catchy. Before you know it, the song starts playing in your head repeatedly. That is because an earworm has occupied your head. Earworms can keep running in your head from minutes to hours. An earworm, which is also known as brain worm, stuck song, sticky music syndrome, or Involuntary Musical Imagery (IMI) is an unforgettable piece of music or jingle that continually repeats through a person's mind even though it is no longer playing. The word earworm is a loan translation from the German Ohrwurm, used in the mid twentieth century. An earworm is not your favorite song which you repeatedly sing but it can be a commercial jingle or a slightly irritating radio hit which gets stuck inside the brain and won't leave. Earworms are not so welcoming as they can be both disturbing and distracting. If we are trying to complete a task, this makes it harder for us to concentrate, especially in situations like writing exams or doing something creatively. This phenomenon is universal and can affect both men and women equally. According to research, more than 97% of people have got songs stuck in their head one time or another. Some of the common earworm songs are "Who let the dogs out", "We will rock you" and advertisement jingles like Diary Milk Silk's "Kiss me..."etc. There is no perfect way to kill earworms. Some try to divert their attention by engaging in some conversation or trying to listen to something other than the song that is stuck on their mind. But mostly none of that works and it has to be gone by its own. In short, there is no cure to an earworm.

- Sandra Binoj

RHYTHM IN MOVEMENT

Have you ever tried dancing your heart out without bothering about the people around you? If you haven't, then do give it a try. It is a magical and soothing experience. Dance is a precious gift. It is like a treatment, the treatment of mind and soul, healing us with the rhythm and flow of dance and the result is we end up loving ourselves. Age is never a barrier for this beautiful world. It is the joy of letting go of oneself in the world of our own in peace and harmony. In our short span of life, we experience all kinds of emotions, the magic of love, the pain of separation, we get excited, feel anxious and even fear the unknown future. All these can take us on a roller coaster ride of emotions, making it different to control or cope. Dance, in such situations can calm us down, can make us happier and take us to the world of peace. Dance is a beautiful form which helps to express oneself. It is like a language which helps us express our hopes and dreams, ambitions and emotions without any barriers. It is the sensation of exploring one's limitations and overcoming them. It teaches us to live in the moment. Dance is eternal and is ever-present. It is in every single cell of nature. Look at the leaves of a tree or the waves of a sea, dancing to the rhythm of the wind. Dance is present in every movement and in everything. Dance is an elaborate yet simple world, meant to be cherished. It is a way of expressing one's culture or identity to represent or interpret their life. It helps connect people from extreme corners of the world, eradicating differences through the magical thread of dance. Dance is not just a form; it is a precious and beautiful world. The more we explore, the more we come alive.

- Minnu Jose





CHERAW DANCE

One of the most widely known dances in the North Eastern region of India is the Cheraw dance from Mizoram. The use of bamboo staves in the dance has given birth to a new name 'Bamboo Dance' for the non-natives. The male dancers clap the bamboo staves in pairs rhythmically for the female dancers to dance in steps between the beatings of rhythmic bamboo staves. It originated way back in the 1st century AD and used to be performed in funeral rituals but with time, it has become an integral performance for almost every occasion.

ZOU-LEI-KON

This dance is one of the most famous folk dances of the Thadou Kuki tribe who live in Manipur. Earlier, it was performed during the autumn season i.e. the harvesting season but it is now performed during cultural festivals representing the agricultural life of the tribe. Wearing traditional attire, the youth dance with the spirit of love, brotherhood and harmony. A musical instrument called Pangkhul and Goseng are played whenever this dance is performed.





NONGKREM DANCE

A celebration of five days, the Nongkrem dance festival is a major festival in Meghalaya. The festival is annually celebrated in the month of November to praise and honour the goddess Ka Blei Synshar for the good harvest among the Khasi tribe. The festival ceremony is inaugurated with a ritual animal sacrifice to the deity. The dance is performed both by males and females in their ethnic attires forming two circles. The male dancers form the outer circle dancing with their spears and whisks while the females in the inner, dance to the beat of drums.

CHANG LO

A dance to celebrate victory over enemies, the Chang tribe of Nagaland performs the Chang Lo dance on the three days of Poanglem festival. With its unique dance style, the male dancers wear the costumes of Naga tribal warriors while the female dancers wear more feminine attire which are bright and colourful. The dance is mostly concentrated on the uniform movements of the feet to the music which is chanted. It is a cultural folk dance passed down from generation to generation.





PONUNG DANCE

This dance is performed and practiced by the Adi tribe of Arunachal Pradesh. It is one of the most popular dances of the state. This dance is performed at the time of the cultural festival that is, after harvesting with its main purpose to give thanks to the deities for good harvest. Basically, it is a dance performed by young women who are married. Only a single male is involved in this dance and his purpose is to sing and convey information about agriculture and the origin of the crop.

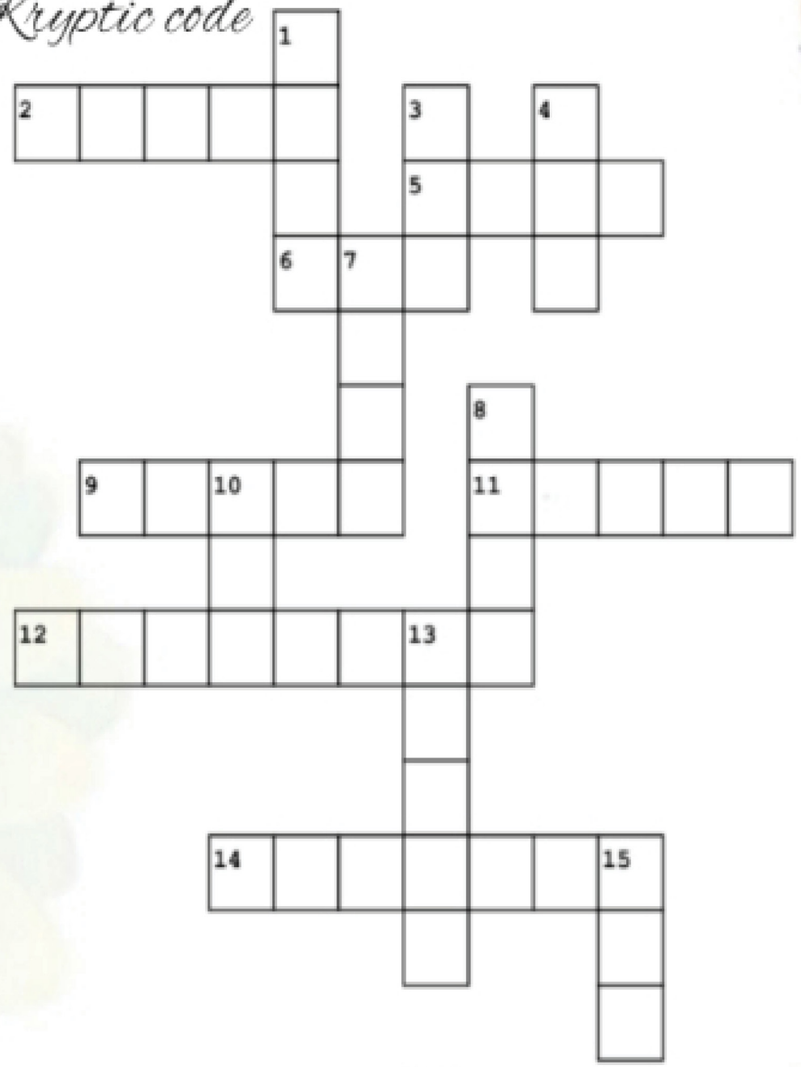
BIHU DANCE

Bihu festival is one of the biggest festivals in Assam. The Bihu folk dance is an important dance in the Assamese culture performed during the Bihu festival. In the olden days, the dance serves its purpose as a courtship dance. Dancers are usually young males and females in their youth, dressed in colourful and bright colours. There are various variations of the dance form but the most common one is where the male dancers play various musical instruments and the female dancers move and dance with the music played by the male dancers.



- Lalkenny Vaiphei and Khepunii Kyapaomai

Kryptic code



Across

2. New Zealand native
5. snowman in Frozen
6. church bench
9. Tyger tyger burning bright
11. one for sorrow two for joy
12. holy wars
14. where once great explorers

Down

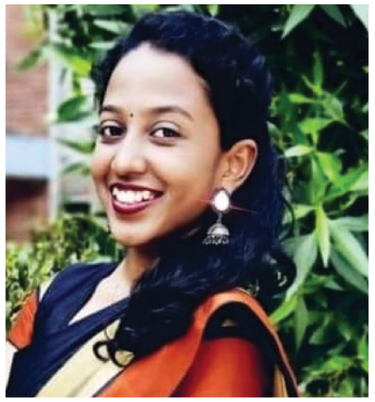
1. favor one leg
3. that's a _ blow
4. Fancy hotel
7. if all _ fails
8. God who fell in love with Psyche
10. commercial
13. moral code
15. letters on a sunscreen bottle

Priyanka Lawrence

Kreative space

TOP SCORERS

KRYSTALS



Aishwarya M





Mareena A S



Ansen Varghese



Madhuvanthy S



Daphilabet Khriam



KRYSALIST

STUDENT	POSITION	INSTITUTION
Aishwarya M	Tax Analyst	Ernst and Young
Anisha A	Trainee	Corpus Christi School, Tamil Nadu
Calvin T F	Urban Volunteer	CGNet Swara
Daphilabet Khriam	PhD Scholar	Christ University, Bangalore
Jyothis Koshy Thomas	Part time IELTS trainer	Evans International Institute of Languages
Lalitha Bisht	B. Ed	Christ University, Bangalore
Madhuvanthy S	Intern	HMM Rubber Products Pvt Ltd.
Mareena A S	B. Ed	Sree Narayana Guru College of Education, Kerala
Maria Supriya G	Tax Analyst	Ernst and Young
Nandakishore T S	B. Ed	Bangalore South University
Ng Pungdilla Ester	B. Ed	MDU University in Rohtak, Haryana
Nikhitha M Chinta	B. Ed	Christ University, Bangalore
Princy John	Assistant Professor	Institute of Technology, Bangalore
Ragi Sebastian	B. Ed	Manitoba University, Canada
Tallo Mary	Tax analyst	Ernst and Young
Esther Jayakumar	Programme Trainer Analyst	Cognizant, Bangalore
V L Remruati	PhD Scholar	The English and Foreign Languages University, Hyderabad
Ansen Varghese	Assistant Professor	JPM Arts and Science College, Kerala

Batch 2018 - 2020

ALL TOGETHER



"The Department of English (PG), Kristu Jayanti College Autonomous, piloted me towards self - discovery so that I was able to intensify my potential to scale greater heights in life."

-Daphilabet Khriam
(Alumni)

A YOUNG SOUL

Sincerely speaking..
This is the agony of a young mind
who is losing something special.
This is the pain of a young mind
who is recollecting the past
beautiful memories.
This is the sorrow of a young mind
who has to bid adieu to
the indelible moments and
people who gifted limitless love.
This is the word of a young mind
who realizes it's time to fly away to
another nest of awaiting memories...

Jyothis Koshy (Alumni)
@thelostgypsyy



Batch 2019 - 2021



Dear Students,

I deem it a great honour to be the Class Animator for these ignited minds. I know that you are more than capable and there is something inside every student that is greater than any obstacle you may face. It is to these minds future belongs.

Prof. I. Stephen
(Class Animator)

Walking down the memory lane, trapping me in moments
A bunch of florets, swaying with exultant faces
Their myriad colors, brought hope and bliss
Instances of gay laughter and admonitions,
instances of endless cajoling and motivation
Inspiring life lessons, engraving a niche for themselves
Wonderful reminiscences of batch 2019

Prof. Susan Sanny
(Faculty)



