

Bringing our community together

FAIR AND JUST

voice of change



FAIR AND JUST
VOICE OF CHANGE

**KRISTU JAYANTI (DEEMED TO BE UNIVERSITY)
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

DEPARTMENT OF SOCIAL WORK | STUDENTS PUBLICATION

FAIR AND JUST

SKILL DEVELOPMENT WORKSHOP ON RESEARCH PROPOSAL WRITING AND LITERATURE REVIEW



Dr. Sarala R (IIHMR Bangalore) led this two-day workshop (27–28 July) for II MSW students on framing research problems, objectives and methodology, alongside sampling techniques and ethical considerations. The second day focused on literature review – reliable academic sources, search techniques and citation practices to avoid plagiarism, with practical examples tied to students' own research topics. Of 49 participants, over 95% found the sessions relevant, well-organised and effectively facilitated.

BUILDING SKILLS, BUILDING SUPPORT: MENTAL HEALTH FIRST AID TRAINING



In collaboration with ManoSamvaada, a two-day workshop (30–31 July) led by Mr. Akshara Damle trained 49 II MSW students in recognising mental health warning signs, crisis intervention, active listening and referral pathways. Day One built foundational knowledge through case studies and discussion of anxiety, depression, panic attacks, suicidal ideation and substance abuse; Day Two focused on practical application, role plays and professional ethics. The training strengthened students' confidence and commitment to reducing stigma ahead of fieldwork.

FAIR AND JUST

OBSERVATION VISIT TO SAMPARK ORGANIZATION



I MSW students visited Sampark, Bengaluru (30 July) with Dr. Arya Chandra and Mr. Unni Krishnan T.S. They learned about Sampark's work in education support, women's skill development, health awareness and counselling. The visit underscored the importance of community participation and teamwork, and the resource and outreach challenges voluntary organisations face in reaching a larger number of beneficiaries. The interaction strengthened students' understanding of sustainable, community-driven approaches to addressing social issues.

OBSERVATION VISIT TO TRED A – TREATMENT, REHABILITATION AND EDUCATION OF DRUG ABUSE

Students visited TRED A, Bengaluru (30 July) to study its integrated de-addiction model – counselling, rehabilitation, preventive education, family support and outreach – addressing the psychological, emotional, physical and social dimensions of substance use. Staff, including Ms. Ashmitha Mani and Ms. Teena Johnson, discussed stigma, relapse and reintegration challenges, and the value of multidisciplinary, client-centred interventions. The visit reinforced the role of social workers in counselling, advocacy and psychosocial support within rehabilitation settings.



FAIR AND JUST

OBSERVATION VISIT TO SCEAD FOUNDATION

At SCEAD Foundation, Bannerghatta (31 July), Mr. Siju Daniel introduced students to Miyawaki afforestation, anti-child-labour work and tribal empowerment in Bandipur. Students toured the afforestation sites and discussed the strengths and challenges of NGO interventions, including biodiversity conservation, resource mobilisation and long-term maintenance – highlighting community-centred, sustainable environmental and social work practice. The visit connected classroom learning with real-world environmental and community-based interventions.



OBSERVATION VISIT TO SOS CHILDREN'S VILLAGE



Students toured SOS Children's Village (31 July), hosted by CEO Mrs. Sharmila Sen, observing the family-based care model, SOS Mothers, and family-strengthening programmes that prevent child abandonment. The visit also covered the school, vocational centre and recreational spaces on site, alongside challenges of funding, emotional demands and reintegration complexities. It deepened students' understanding of child protection and the importance of creating safe, nurturing environments for children.

FAIR AND JUST

VALUE ADDED COURSE ON INCLUSIVE CLIMATE RESILIENCE FOR COMMUNITIES



The Dept. of Social Work ran a six-day Value Added Course (16–21 July) for II MSW students, led by Dr. Unnikrishnan T S, Dr. Moses Newme and Dr. Arya Chandran. Sessions covered climate science, gendered vulnerability, UNFCCC/SDG frameworks, participatory tools (PRA, community mapping), livelihood and disaster resilience, and climate finance. Over 95% of the 50 participants reported satisfaction.

LIFE SKILLS EDUCATION FOR SOCIAL WORK PROFESSIONALS

A three-day programme (25–28 July) for I MSW students built self-awareness, communication, empathy, critical thinking and stress-management skills through SWOT analysis, active listening and mind-mapping, led by Dept. faculty and KJU LEADS – reinforcing that professional social work needs strong interpersonal and emotional skills alongside theory.



EDITORIAL BOARD

Chief Editor

DR. WINNIE JOYCE A

Staff Editors

Fr. Anoop Kurien
Dr. Jonas Richard A
Dr. Unnikrishnan T. S
Dr. L Arya Chandran
Dr. Moses Newme

Student Editors

Ms. Christine Anna Kurien
Ms. Feba Mary Suresh
Ms. Neha Sunil