

ENGAGEMENT PLANS

START WHERE YOUR SCHOOL IS.

1 All-Year School Transformation Most Impactful · 12 Months

- 360° assessment of students, teachers & school climate
- Bi-monthly teacher training sessions
- Monthly student workshops
- Quarterly parent engagement sessions
- Individual student counselling support
- Wellbeing policy & referral system setup
- On-call consultation for school leadership
- All 8 deliverables included

2 School Wellbeing Booster Quick Wins · 6 Months

- Baseline assessment of school needs
- Quarterly teacher training sessions
- 2-4 student workshop modules
- 1-2 parent engagement sessions

3 Start With What You Need No Commitment · Per Session

- Students — life skills, exam stress, bullying, adolescent mental health
- Teachers — burnout prevention, behaviour management, inclusive practices
- Parents — conscious parenting, screen-time, adolescent support
- School systems — mental health policy, crisis protocols, counselling setup

1-day workshop · 3-5 session module · 1-month intensive

Learn.
Grow.
Thrive.

Contact Us

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KRISTU JAYANTI
(DEEMED TO BE UNIVERSITY)
Under Section 3 of UGC Act 1956
A CMI INSTITUTION | BENGALURU | INDIA



Department of Psychology (PG)
Wellness & People Empowerment Service
Presents

ThriveEd School Initiative

Aligned with Manodarpan, NCERT &
CBSE — Ministry of Education.

Three Pillars

Strong Teachers

Resilient educators who inspire, adapt, and lead every classroom with confidence.

Supportive Families

Aware and supportive parents who nurture, guide, and recognise their child's needs early.

Confident Students

Emotionally strong learners who manage stress, build confidence, and thrive beyond academics.

About Us

1. Alignment with National Mission for Mentoring, Ministry of Education initiatives and national priorities
2. Access to trained mentors with expertise in teacher-student engagement
3. Strong foundation in Developmental Psychology
4. Expertise in Educational Management and School Systems



Why choose us

Outcome-focused

Evidence-based

Continuous support

Measurable impact

Prioritize Prevention

Students · Teachers · Parents

Sustainable change

Mission

***Mental Health Is
Not a Luxury. It's
a Foundation.***

A whole-school approach ensures:

- Early identification of difficulties
- Reduced stigma around mental health
- Improved academic engagement
- Safer, more inclusive school climate
- Reduced teacher burnout

Our Expertise

- 1 Trained counsellors & therapists on the team
- 2 Mentors registered under the National Mission for Mentoring — Ministry of Education
- 3 Specialised in Developmental Psychology & Educational Management

